



BETHEL
United Methodist Church
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THE REALITY CHOICE

Life's Healing Choices: The Beatitudes - Part 1

*"I don't understand what I do. For what I want to do I don't do, but what I hate to do, I do!
...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but
I cannot carry it out." Rom. 7:15+18 (NIV)*

*Stress Diet, Finances, FearWorry, Relationships, My overwork, Bad habits
Painful memories, Attractions Anger, Perfectionism, Addiction Dishonesty, Resentment,
Regrets, Need to control Compulsive thoughts.*

THE CAUSE: _____

*"In the pride of your heart you say, 'I am a god...' But you are just a man and not a god,
though you think you are as wise as a god." Ezekiel 28:2 (NIV)*

1st CHOICE:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matt. 5:3 (NIV)

**I ADMIT I need help; that I'm powerless to control my tendency to do the
wrong thing and that my life is unmanageable.**

1.

"God opposes the proud but gives grace to the humble." James 4:6 (NIV)

*"You will never succeed in life if you try to hide your sins. Confess them and give them up;
then God will show mercy to you." Pr. 28:13 (TEV)*

2.

*"We saw how powerless we were to help ourselves; but that was good, for then we put
everything into the hands of God, who alone could save us, for he can even raise the dead."
2 Cor. 1:9 (LB)*

*"You're blessed when you're at the end of your rope. With less of you there is more of God
and his rule." Matt. 5:3 (MSG)*

3.

*"Two are better than one, because they have a good return for their work: If one falls
down, his friend can help him up. But pity the man who falls and has no one to help him
up!" Eccl. 4:9-10 (NIV)*

*"Admit your faults to one another and pray for each other so that you may be healed."
James 5:16 (LB) GROUND RULES*

*"When we were unable to help ourselves, at the moment of our need, Christ died for us..."
Rom. 5:6 (NCV)*