

# Scripture

## Psalm 121 (NLT)

**A song for pilgrims ascending to Jerusalem**

- 1 I look up to the mountains —  
does my help come from there?
- 2 My help comes from the Lord,  
who made heaven and earth!
- 3 He will not let you stumble; the one who  
watches over you will not slumber.
- 4 Indeed, he who watches over Israel  
never slumbers or sleeps.

- 5 The Lord himself watches over you!  
The Lord stands beside you as your protective shade.
- 6 The sun will not harm you by day,  
nor the moon at night.
- 7 The Lord keeps you from all harm  
and watches over your life.
- 8 The Lord keeps watch over you as you  
come and go, both now and forever.