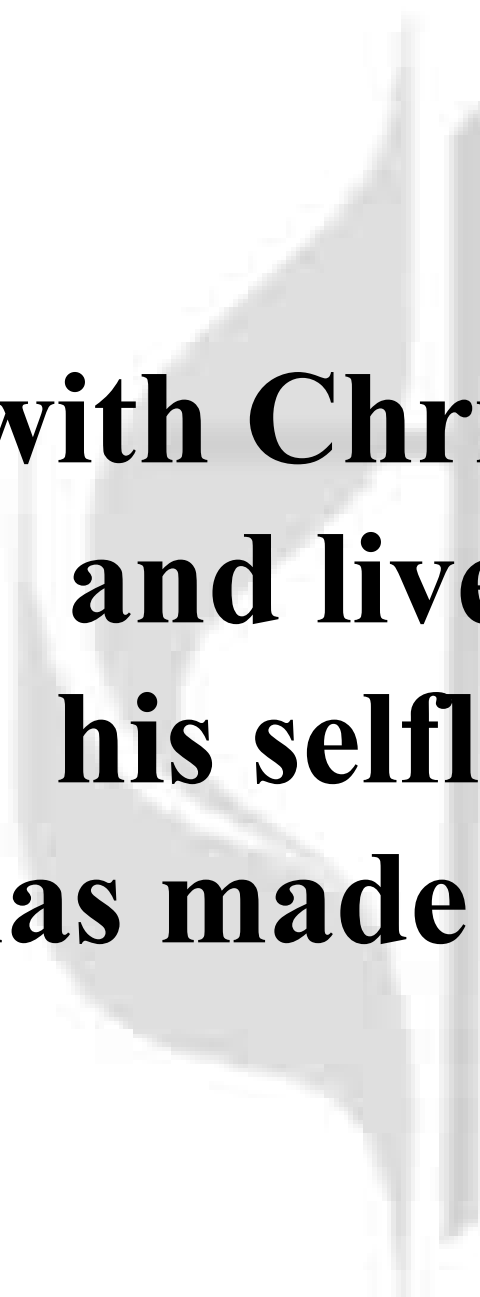


Now Let Us from This Table Rise


WORDS: Fred Kaan, 1964

**1. Now let us from
this table rise
renewed in body,
mind, and soul;**


© 1968 Hope Publishing Co.



**with Christ we die
and live again,
his selfless love
has made us whole.**



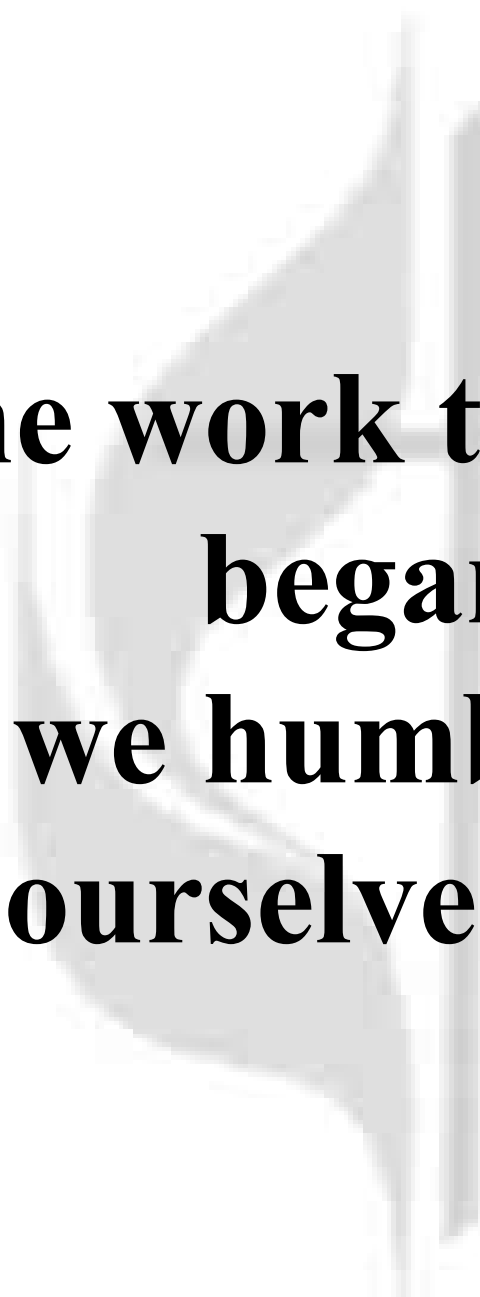
**2. With minds alert,
upheld by grace
to spread the word
in speech and deed,**




**we follow in
the steps of Christ,
at one with all
in hope and need.**




**3. To fill each human
house with love,
it is the
sacrament of care;**



**the work that Christ
began to do
we humbly pledge
ourselves to share.**



**4. Then grant us courage,
Father God,
to choose again
the pilgrim way,**



**and help us to
accept with joy
the challenge of
tomorrow's day.**